

# **Weekly Newsletter**

September 20, 2021 | My Involvement Week







We know that starting classes can be overwhelming. Your attention is pulled in a lot of directions; most of you are working and going to school, and many of you have family responsibilities as well. Getting back into school can be a challenging transition, whether it's been 3 weeks, 3 months, or 3 years since your last class.

To help you stay focused and get connected, we've put together a guide to help you focus on what is important throughout the first half of the semester to set you up for

success now and into the future. See below to find a guide to your third week!

# **Week 3: My Involvement**



#### **Get Involved!**

Your experience here at MassBay will often be defined by the people you meet and the interactions you have! Therefore it is important to decide who you want to be and who you want to associate with at MassBay in order to define yourself and your experience.

Involvement in different programs and organizations on campus leads to greater opportunities and experiences that support you and your goals. In the virtual world, logging into events, workshops, panels and opportunities with clubs will help you connect to our community and help you find your place here at MassBay.

**Follow MassBay & Student Engagement** on Social Media to see what's happening around campus:

### MassBay:

• Facebook: @MassBayCommunityCollege

Instagram: MassBayViewTwitter: @MassBayCommCol

#### **Student Engagement:**

Facebook: @massbaystudentengagementInstagram: massbaystudentengagement

## THIS WEEK YOU SHOULD FOCUS ON:

**Getting Involved: Start YOUR Involvement TODAY!** 

#### Attend the Involvement Fairs:

Learn about all of the opportunities available to you in one easy place!

- Wednesday, 9/22 12-2pm
- Thursday, 9/23 2-4pm

## You can also learn about other opportunities to get involved below!

#### **Connect to your Academy**

- Our Academies are the seven broad areas of study at MassBay. All of our degree and certificate programs are grouped into these seven Academies to create better connections between students and their peers and professors. Think of your Academy as a community of professors and students who share similar interests and goals.
- Attend your Academy's Welcome to meet your classmates, faculty and learn more:
  - Legal Studies: Monday, September 20 from 11 am 12 pm
- \*Check your MassBay email for the invite and WebEx Link
  - Visit the **Academies' webpage** for more information!

## **Stay Focused on your Academics**

- Utilize tutoring and other academic virtual resources through the AAC: www.massbay.edu/academics/aac
- Know your due dates and assignments
- Participate in your Classes
- Attendance is usually factored into your grade
- Students who show up are more successful
- Have to miss one? Communicate with your professor ahead of time!

# **WAYS TO GET INVOLVED:**

There are plenty of opportunities and something for everyone, so start exploring!

Each heading is also a link, so click them to learn more!

# Join a Club

# **Get Involved in Clubs and Organizations:**

Clubs and organizations provide opportunities and experiences outside of the classroom.

Develop new connections and skills and have fun!

Visit www.massbay.edu/clubs for a list of current clubs.

Or Start your own club

<sup>\*</sup>Check out the Virtual Events Calendar for more information and event links!

# **Get Involved with Student Government Association**



**Joining Student Government Association (SGA)** is a great way to get involved, make a difference here at Massbay and learn about other amazing opportunities! SGA is holding it's election to fill the many open positions and are looking for students who are excited to get involved here at Massbay!

- Applications will be available starting September 20th and the deadline to apply is October 1st.
- Visit <u>www.massbay.edu/sga</u> to apply for one of our open positions or to visit their meeting on Wednesdays at 3pm to check out the group!

# Participate in the LEAD Program

#### Join LEAD!

LEAD (Leadership Engagement And Development) is a program at MassBay designed to develop leadership skills that will benefit students throughout college, career, and life. The LEAD program exists to inspire all students to effect positive change through self-exploration, including the positive impact they can have in a group and our community, and why it's vital for our future.



### **Benefits of the Leadership Program**

- Gain practical experience in cooperative teamwork, creative problem solving, and being an effective leader
- Further develop self-awareness and interpersonal skills, and learn about group dynamics
- Develop relationships with other students, faculty, staff, and administrators

Visit www.massbay.edu/lead for more information and to apply!

# **Attend the Financial Literacy Workshops!**



Earn a certificate of completion by attending 3 of the 4 workshops!
Presented by the Babson financial literacy project. The Babson Financial Literacy Project (BFLP) is a not-for-profit initiative designed to help young adults acquire the financial knowledge and skills necessary for long-term independence and prosperity. The BFLP teaches

important financial lessons through interactive workshops. The program helps participants build lifelong strategies for budgeting, building credit, saving for retirement, and more. Participants do not need any financial expertise.

Visit their website to learn more.

- Building a Financial Plan for College: October 1, 2-3:30pm
- Investing to Achieve Your Financial Goals: October 15, 2-4pm
- Tips and Tricks for Managing Your Credit: October 22, 2-3:30pm
- Decisions! Decisions! Everything You Need to Know When On-Boarding at Work:

November 12, 2-3:30pm

\*Click the heading link above to sign-up!

## Play a Sport

#### **Sports offered:**

- Men's Soccer (Fall)
- Women's Volleyball (Fall)
- Men's Cross Country (Fall)
- Women's Cross Country (Fall)
- Men's Basketball (Winter)
- Men's Golf (Spring)
- esports (Fall + Spring)

Complete NJCAA Eligibility information can be found **HERE**.

A quick MassBay guide on Eligibility can be found **HERE**.



To receive more information about becoming a student-athlete at MassBay, please fill out our recruiting questionnaire <u>HERE</u>.

If you would like to contact a coach directly, their information can be found in our coaches directory **HERE**.

To contact the Athletics Department, please email us at: athletics@massbay.edu.

## **Attend Events**



Check out the online calendar of events to see what is going on each week and add the events you are interested in to your calendar!

You will need to log-in with your MassBay username & password to access the Virtual Event Calendar. You can access the calendar through the "Virtual Events" tile in OneLogin or by clicking the link in the heading above.

Click here for additional information & instructions on how to access the Virtual <u>Events Calendar</u>

# Join local Community College Students for Virtual Game Events!

Join other local community college students from MA, RI, & NH in some fun virtual games!

# **Jindo Musical Bingo Nights:**

- 9/15 at 7pm 80s to Today
- 9/29 at 7pm Decade Mix-up Old to New
- 10/13 at 7pm Diversity Old School
- 10/27 at 7pm Halloween Hits
- 11/10 at 7pm Diversity New School



- 11/24 at 7pm Family Night
- 12/8 at 7pm Season Finale

#### **Switchboard Game Afternoons:**

- 9/21 at 3pm Virtual Game Shows Fun
- 10/19 at 3pm Virtual Trivia Fun
- 11/16 at 3pm Virtual Games Fun

\*Check out the Virtual Events Calendar for more information and event links!



# Here is a Sneak Peak at Events This Week:

# Visit the

# Virtual Events Calendar

in OneLogin
for more
events,
event links
and additional
information!



#### Community College Game Night Tuesday, September 21, 2021, 3 – 4pm

Join other local community college students from MA, RI, & NH in a fun afternoon of games hosted by Switchboard Games: https://switchboardgames.com/

#### **Involvement Fair**

#### Wednesday, September 22, 2021, 12 – 2pm

Stop by anytime between 12pm and 2pm to learn about MassBay's clubs, organizations, and resources. You will be able to select the groups you want to speak with and meet the student and/or staff members.

#### Involvement Fair Thursday, September 23, 2021, 2 – 4pm

Stop by anytime between 2pm and 4pm to learn about MassBay's clubs, organizations, and resources. You will be able to select the groups you want to speak with and meet the student and/or staff members.

# Mindful MassBay (Guided Meditation) Thursday, September 23, 2021, 3 – 3:30pm

All are welcome to join us for this free 15-minute guided mindfulness meditation for health and wellness. No experience is necessary.

Also, make sure to check out the Library's Fall Workshops and LibGuides:
Link to Library News, Events & LibGuides



# **HAVE QUESTIONS?**

# VISIT THE VIRTUAL Q & A CENTER!

Connect virtually with a member of our Support Squad through WebEx.

The MassBay Support Squad is available to answer a wide range of questions!

www.massbay.edu/ask

Student Engagement | Visit our website



