We know that starting classes can be overwhelming. Your attention is pulled in a lot of directions; most of you are working and going to school, and many of you have family responsibilities as well. Getting back into school can be a challenging transition, whether it’s been 3 weeks, 3 months, or 3 years since your last class.

To help you stay focused and get connected, we’ve put together a guide to help you focus on what is important throughout the first half of the semester to set you up for success now and into the future. See below to find a guide to your seventh week!

Week 7: My Future

What’s Next?
As you are hitting the half-way point of the semester, we hope you are starting to plan for what comes next. It might feel too early (you are only 7 weeks in), but the more proactive you are, the more you can create opportunities and experiences to help you achieve your future goals. Thinking about transferring? Start exploring your options now and attend this week’s transfer events! Want to move up in your career? Make sure you are connecting with Career Services to explore your options, and update your resume. No matter what or where your goals are, this is a good week for self-reflection!
THIS WEEK YOU SHOULD FOCUS ON:

KEEP DEVELOPING STRONG STUDY HABITS & COMMUNICATION SKILLS!

Utilize the services in the Academic Achievement Center! The Academic Achievement Center is open virtually and ready to support students. Join the staff of the AAC during our virtual open hours to make an appointment to meet with a Learning Specialist or Peer Tutor, to take an exam, to drop-in for extra help, to meet with your study group or ask about our services: https://www.massbay.edu/academics/aac

Attend the STEM Communication Skills Workshop
Wednesday, October 20 from 1 to 2pm (link in Event Calendar)
The Communication Skills Workshop will include practical tips for improving your writing and speaking skills. We'll discuss how to draft a professional email, work on successful communicating in a virtual or face-to-face format. These skills will help you improve your interactions with your mentor, professors and employers. This virtual workshop will give you practice and practical advice you can use right away!

PLAN FOR YOUR FINANCIAL FUTURE

It is important to build lifelong strategies for budgeting, building credit, saving for retirement, and more. Let us help you acquire the financial knowledge and skills necessary for long-term independence and prosperity.

Attend one of these Financial Literacy Workshops:

TIPS AND TRICKS FOR MANAGING YOUR CREDIT
October 22 from 2 to 3:30pm
Credit cards offer convenience and can be a huge help to building a credit profile, but they can also be a source of misuse. This workshop provides insights on how to manage credit cards, their hidden costs, and tips to avoid credit card traps. Learn about credit reports and credit scores and what steps you can take to improve your financial standing.

DECISIONS! DECISIONS! EVERYTHING YOU NEED TO KNOW WHEN ON-BOARDING AT WORK
November 12 from 2 to 3:30pm
When you start a new job, some of your first decisions will be about saving for retirement and choosing a health insurance plan. How much should I put into my retirement account? Which investments should I choose? Which health insurance plan will serve my needs and be affordable? The choices can be daunting. Join us to gain some important insights on how to make these essential decisions.
BE PROACTIVE ABOUT TRANSFERRING

October 18-22 is National Transfer Student Week. This week there is huge FREE virtual transfer fair sponsored by New England Transfer Association this week on Thursday, October 21st with over 50 colleges represented! Details, information, and registration can be found HERE.

- Start exploring schools you may want to transfer to, learn about the prerequisites, and start working on your transfer essays and applications!

- Visit the Academic Advising & Transfer website for additional information about MassTransfer: https://www.massbay.edu/masstransfer

- Keep building your transfer resume! Be engaged and involved on campus, and take advantage of resources and opportunities available to you!

- Meet with a Transfer Advisor in the Academic and Transfer Advising Center to talk about your transfer options and goals. You can meet with them in the virtual advising center, found at www.massbay.edu/academics/advising or by scheduling a meeting with Karen Akukwe, Coordinator of Transfer & Articulation by clicking HERE.

- Join the Transfer Advising Blackboard Community! To join, please follow the instructions below:
  1. Navigate to One Login at the bottom of the MassBay Website
  2. Select Blackboard as the website/application to launch from the OneLogin Page
  3. Navigate to the Bottom Left-Hand Corner of Blackboard and click on the "organization search" module
  4. Type in Transfer into the search box and press enter
  5. On the next page, Hover your mouse over the transfer community link, and click enroll.
  6. Under the Self-Enrollment Window, Click Submit and Okay
  7. Now, under "My Organizations" in the top right hand corner of your BlackBoard Screen, you will see all the organizations you are a part of - Click on transfer to join!

CAREER EXPLORATION

Not sure what you want to do next? Career Services can offer a wide variety of services from career exploration and resume writing, to interviewing skills, internships and much more!

Check out all they have to offer: https://www.massbay.edu/careers
Attend one of these events:

**Design Your Future Workshop**  
Tuesday, Oct. 19 from 11am-12pm  
Envision and create an actionable plan to achieve your career goals

**STEM Career Panel on**  
Thursday, October 21 from 4 – 5pm  
*STEM Professionals discuss their career journeys*

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**MEET WITH YOUR ACADEMIC ADVISOR**

Meet with your assigned academic advisor to create your academic plan and make sure you are taking the classes you need to reach your goals! Your advisor assignment has been emailed to you, and you can also find it on the homepage of your Bay Navigator account.

- If you are a returning student: please reach out to your assigned academic advisor and schedule an appointment to meet.
- If you are a non-degree seeking student and would like to meet with an advisor, please visit the Virtual Advising Center for a drop-in meeting.
- If you are a first-semester degree/certificate seeking student, you have been emailed information on how to make an appointment with your advisor for your **COMPASS appointment**. Please refer to your email for details on how to book your appointment or email your assigned advisor for a time to meet!
  - MassBay has designated COMPASS (Comprehensive Planning & Advising for Student Success) as a signature part in your first-year! This virtual, face-to-face meeting, will give you an opportunity to create an individualized plan toward achieving your goals with an academic advisor. So, don’t miss an opportunity to schedule that meeting **this week** to make sure your prepared and ready for this week’s transfer fairs!

**Registration for the Spring 2022 semester opens soon** (November 8th).  
*In preparation you should:*  
- Review your course curriculum and review your MyMAP in Bay Navigator to assess your progress towards your degree or certificate program.
- Think about what courses you might want to take, and whether our online, remote, or on-campus course options would work best for you.
- Reflect on your current major, whether you have considered changing and how this might impact your graduation plan/timeline.
- If you haven’t already, please make an appointment with your advisor to discuss your plans.

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Remember:  
#StartHereGoAnywhere
COVID Updates & Vaccine Requirements for Spring

As a result of this statement issued by the fifteen Community College Presidents on September 20th, in the spring 2022 semester ALL members of the MassBay community -- including students, faculty, and staff -- must be fully vaccinated against COVID-19 to enter the campus for any reason, including taking on-campus classes.

For the college to be best prepared to support students who are coming to campus while continuing to support students remotely and online, we are asking all students to take a brief and anonymous survey regarding their plans and vaccination status.

- Please take the **survey** - it takes only a couple of minutes.
- For instructions on uploading your proof of vaccination please visit: [https://www.massbay.edu/immunization](https://www.massbay.edu/immunization)

Here is a Sneak Peak at Events This Week:

**Design Your Future Workshop**
Tuesday, October 19, 11am-12pm
*Envision and create an actionable plan to achieve your career goals.*

**SGA Weekly Meeting**
Wednesday, October 20, 3 – 5pm
*All students are welcome to join SGA’s weekly meeting to hear what is happening around MassBay and bring any concerns to your SGA representatives!*

**STEM Communication Skills Workshop**
Wednesday, October 20, 1 to 2pm
*The Communication Skills Workshop will include practical tips for improving your writing and speaking skills. We’ll discuss how to draft a professional email, work on successful communicating in a virtual or face-to-face format. These skills will help you improve your interactions with your mentor, professors and employers. This virtual workshop will give you practice and practical advice you can use right away!*

Visit the **Virtual Events Calendar** in OneLogin for more events, event links and additional information!
Also, make sure to check out the Library's Fall Workshops and LibGuides:

**Link to Library News, Events & LibGuides**

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**Virtual Events**

**STEM Career Panel**
*Thursday, October 21, 4 – 5pm*
STEM Professionals discuss their career journeys

**Hip Hop, Mental Health, & Resilience**
*Friday, October 22, 1 – 2:30pm*
These workshops will explore the concepts of hip hop, mental health, and resiliency in the time of COVID. Toni Morgan, hip hop educator, will be our expert guide. She will focus on the lives and music of specific artists to do a deep dive on these topics.

**Tips and Tricks for Managing Your Credit**
*Babson Financial Literacy Project*
*Friday, October 22, 2-3:30pm*
Credit cards offer convenience and can be a huge help to building a credit profile, but they can also be a source of misuse. This workshop provides insights on how to manage credit cards, their hidden costs, and tips to avoid credit card traps. Learn about credit reports and credit scores and what steps you can take to improve your financial standing. Register to attend [HERE](#)!

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**NEED HELP? HAVE QUESTIONS?**

**VISIT THE VIRTUAL Q & A CENTER!**
Connect virtually with a member of our Support Squad through WebEx. The MassBay Support Squad is available to answer a wide range of questions!

[www.massbay.edu/ask](http://www.massbay.edu/ask)

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Student Engagement | [Visit our website](#)