

# STUDENT ENGAGEMENT

## Weekly Newsletter

### In this issue:

- Coaching Commons
- Featured Coaches



## COACHING COMMONS

***Revolutionize Learning. Define Success. Build Community.***

Coaching Commons is a new office dedicated to supporting the academic, career, and co-curricular success of students at MassBay. We provide individualized support focused on college transition, academic skills, and building a sense of belonging for all students at MassBay.



### What services are offered in Coaching Commons?

- Support with college transition and acclimation
- Help managing non-academic challenges
- Culturally relevant activities in a culturally inclusive community
- Guidance setting and achieving goals
- Assistance identifying/navigating campus resources
- Academic skill-building workshops
- Help navigating Blackboard, Bay Navigator, and MyMAP

### Can I just drop in to see a Coach?

Yes! Any MassBay student can drop by to speak with a coach, make an appointment, or use our space to study/work on group projects.

### Where is Coaching Commons? What are your hours?

Coaching Commons is located on the first floor, suite 111 on the Wellesley Hills campus. We are open Monday – Friday from 9:00am to 5:00pm. In addition to drop-in meetings and appointments, we also offer phone and web-based coaching support.

### What is your contact information?

You can contact us at 781-239-2727 or [coaching@massbay.edu](mailto:coaching@massbay.edu). You can also visit our MassBay webpage at [www.massbay.edu/coaching](http://www.massbay.edu/coaching).

## Featured Coaches

### Josey Fontes

***Young Men & Young Women of Color Coach***

Josey focuses on college transition and acclimation, goal setting, and building a peer support system on campus. As the YMYWOC Coach she also creates activities that help students learn more about a variety of cultures, traditions, and values to enhance community building and belonging across campus.



### Amy Greif

***Academic Success Coach***

Amy helps students navigate academic and non-academic challenges, including time and organizational management, work/life balance, and connection to campus and community resources. Amy also empowers student to take charge and responsibility in their role as a student, community member, and developing professional.

