Your 8th Weeks

To help you stay focused and get connected, we’ve put together a guide to help you push through:

Self-care: eat well, get lots of sleep, and take care of your personal health.

Time management: use your calendar to plan your week.

Prioritize your goals: focus on what is most important to you.

Your First 8 Weeks

We hope you’ve been enjoying your first 8 weeks at MassBay.

If you need help exploring new ideas, please contact your Student Access Center.

We are here to help you stay focused and get connected.

Student Engagement

Weekly Newsletter

www.massbay.edu/studentengagement

We welcome! This week join in on the following workshops:

Thursday, October 9

Gender Expression Workshop:

The following discussion and understanding of the complexities of gender and gender expression. Join our Wellness Coordinator ShaQuan Read to help students in a conversation about how the Race Card Project is shifting people’s mindset about races and gives the opportunity to explore and discuss various aspects of our identities. Whether you hold those pieces of identity personally or not, each workshop is a chance to learn about yourself and the world you live in.

Friday, October 11

Race Card Project:

November 1st 12:00pm to 1:00pm, Library Conference Rm. B

For several years, the International Club has hosted a monthly International Lunch Hour on Friday afternoon to highlight our cultures they grew up with. Join the International Club in the Wellesley Alumni Board Room on Friday, October 11, Wednesday, October 9, and Friday, October 11 to share your unique experiences and learn from others.

Friday, October 18

What is My Style?

Wednesday, October 23

What is a Healthy Relationship?

Wednesday, October 30

Internet and Social Media

Wednesday, November 6

College Communication Skills

Wednesday, November 13

Decisions about Sex

Wednesday, November 20

Accessibility and Race

Wednesday, November 27

Accessibility and Race

Monday, October 7

What is My Identity?

Wednesday, October 16

Decisions about Sex

Wednesday, October 23

College Communication Skills

Wednesday, October 30

Internet and Social Media

Wednesday, November 6

College Communication Skills

Wednesday, November 13

Decisions about Sex

Wednesday, November 20

Accessibility and Race

Wednesday, November 27

Accessibility and Race

In this issue:

Webinars

Events

Student News

Participation

STUDENT ENGAGEMENT

College is a time to be exposed to new ideas and cultures, both in the classroom and from your peers. Understanding of what is most important to you, who you are, and where you want to live in the world is encouraged. Your identity and how you exist in this world respond to your identity matter most to you.

gender expression. Join our Wellness Coordinator ShaQuan Read to help students in a conversation about how the Race Card Project is shifting people’s mindset about races and gives the opportunity to explore and discuss various aspects of our identities. Whether you hold those pieces of identity personally or not, each workshop is a chance to learn about yourself and the world you live in.

Friday, October 11

Race Card Project:

November 1st 12:00pm to 1:00pm, Library Conference Rm. B

For several years, the International Club has hosted a monthly International Lunch Hour on Friday afternoon to highlight our cultures they grew up with. Join the International Club in the Wellesley Alumni Board Room on Friday, October 11, Wednesday, October 9, and Friday, October 11 to share your unique experiences and learn from others.

Friday, October 18

What is My Style?

Wednesday, October 23

What is a Healthy Relationship?

Wednesday, October 30

Internet and Social Media

Wednesday, November 6

College Communication Skills

Wednesday, November 13

Decisions about Sex

Wednesday, November 20

Accessibility and Race

Wednesday, November 27

Accessibility and Race

Monday, October 7

What is My Identity?

Wednesday, October 16

Decisions about Sex

Wednesday, October 23

College Communication Skills

Wednesday, October 30

Internet and Social Media

Wednesday, November 6

College Communication Skills

Wednesday, November 13

Decisions about Sex

Wednesday, November 20

Accessibility and Race

Wednesday, November 27

Accessibility and Race

In this issue:

Webinars

Events

Student News