Week 8: My Midterms

This with the right support and resources. We are confident that You. Can. Do. just aren’t falling behind on assignments or readings, or however, if you are struggling in a class, all of your coursework with confidence. Enjoying all of your courses and completing point of the semester. Hopefully you are good luck on midterms!

In this issue:

STUDENT ENGAGEMENT

October 26, 2020

Vote Early or Drop Off of your Ballot

Whether you choose to vote in person, mail in your ballot, or vote early, it is important to make a plan to vote. Create your voter plan and find your designated drop off location!

Know where YOU Vote:

 Find a sample of your ballot.
 Visit: www.votesaver.com
 Know what will be on your ballot!
 Return by mail to your election location
 In Person: On Election Day

Double check all dates and times for midterm week

• THE WEEK YOU SHOULD FOCUS ON:

STUDENT ENGAGEMENT

• Fall and Winter 2020
• Graduation Delays
• Virtual Peer and Professional Tutoring Services

Attend a Mindful MassBay Mass

Attend a mindful MassBay Mass this week in order to practice mindfulness, relax, and take a break. Check your email for a link to attend a Mass this week.

Take breaks and take care of yourself

As you are studying and working on turning in major assignments, make sure you are still focusing on your personal health and taking care of yourself. Walking around like a zombie with 3 energy drinks isn’t healthy. Take breaks to eat complete meals, and sleep. You can’t expect to do your best on exams if you’re not prioritizing and getting enough sleep so you can be at your best! Take breaks to play games, connect with friends, recharge, and not at the last minute! Ask around your classes to see if anyone else is looking for a day or two of work before finals for extra study time? Ask now how you can better prepare for finals. Can you request off a major due date on assignments? Were you still searching for your most complete assignments? Were you still searching for your most important reading or assignment? Create a study group for the rest of the semester.

Stay organized

Prioritizing and making a plan this election for make sure your vote counts!

Vote Early/

Vote early and plan now! The Election is coming up on November 3! Create a plan this week in order to make sure your vote counts. Visit the website below to create your voter plan!

Vote if you are registered to vote and make sure your vote is counted!

Here is a guide to your eighth week! We’ve put together a guide to help you focus on what is important throughout the first half of the year. Enjoy your week and make sure you are still focusing on your personal health and taking care of yourself. Walking around like a zombie with 3 energy drinks isn’t healthy. Take breaks to eat complete meals, and sleep. You can’t expect to do your best on exams if you’re not prioritizing and getting enough sleep so you can be at your best! Take breaks to play games, connect with friends, relearn, and not at the last minute! Ask around your class to see if anyone else is looking for a day or two of work before finals for extra study time? Ask now how you can better prepare for finals. Can you request off a major due date on assignments? Were you still searching for your most complete assignments? Were you still searching for your most important reading or assignment? Create a study group for the rest of the semester. Who don’t you ever have time to look back at your midterms? That wasn’t the right subject and it wasn’t the right time!