YOUR First 8 Weeks

To help you stay focused and get connected, we’ve put together a guide to help you focus on what is important throughout the first half of the semester so you set up for success now and into the future. See below to find a guide to your EIGHTH week!

Week 8: My Future

What’s Next?

As you are hitting the half-way point of the semester, we hope you are starting to plan for what comes next. It might feel too early (you are only 8 weeks in), but the more proactive you are, the more opportunities and experiences you can create for yourself! Make sure you are connecting with Career Services to explore your options, and update your résumé. No matter what or where your goals are, this is a good week for self-reflection!

In this issue:

- YOUR First 8 Weeks
- Week 8 My Future
- Tips for your eighth week

THIS WEEK YOU SHOULD FOCUS ON:

Keep Developing Strong Study Skills & Habits

- Attend The Strong Foundation Series: Understanding Your Procrastination workshop on Monday, October 21st from 1-2pm in the Coaching Commons (W 111).
- Don’t miss out on any of the remaining Strong Foundation Series Workshops, Mondays 1-2pm in the Coaching Commons (W 111):
  - Nov 4: Managing Your Time Well
  - Nov 11: Resilience: Tools for You
  - Dec 9: Overcoming Math Anxiety

- Continue utilizing the resources in the AAC, Math Center and other resources on campus

Be proactive about transferring

- Start exploring schools you may want to transfer to, learn about the prerequisites, and start working on your transfer essays and applications!

Career Exploration

- Not sure what you want to do next? Career Services can offer a wide variety of services from career exploration and resume writing to interviews, internships, and much more. This week, check out their Business Academy Career Week Events:
  - Career Exploration Workshop: Tuesday, Oct. 22 11:00am-12:00pm, Wellesley Auditorium
  - Build Your Brand: LinkedIn Drop-In Hours: Wednesday Oct. 23 2:00pm to 2:00pm, Wellesley Career Services Center, Room 132
  - Career Panel: Learn from and connect with professionals who have built business careers: Thursday, October 24 12:30-2:00pm, Wellesley Atrium

Start up your Advising Appointment

- Meet with your advisor to create your academic plan and make sure you are taking the classes you need to reach your goals.
- If you have considered changing your major, talk with your advisor about how that might change your graduation timeline.
- Registration for next semester opens soon (November 4th).
- In preparation:
  - Review your course curriculum and remaining graduation requirements.
  - Think about what courses you want to take

Remember: #StartHereGoAnywhere

www.massbay.edu/studentengagement

October 21, 2019

Student Engagement Weekly Newsletter

Your First 8 Weeks

To help you stay focused and get connected, we’ve put together a guide to help you focus on what is important throughout the first half of the semester so you set up for success now and into the future. See below to find a guide to your EIGHTH week!